5 reasons to #SupportLocalYYC over the holidays

You get unique goods and services—in stock!
From everything you need to fill the most eclectic kitchen pantry, to local fashion and multicultural surprises, finding one-of-a-kind treasures is a gift in itself when you shop local.

You support the local economy
Small businesses make up more than sixty per cent of the retail sector in Calgary. Local businesses generate about four times more economic activity than larger corporations. And support for local businesses means support for local jobs.

It helps protect the environment
Less time and resources shipping products grown and made nearby means fewer emissions are associated with every purchase. Local foods, which support area farmers, can be even more beneficial.

Your money stays in Calgary
Not only does a dollar go further when spent at a local level, it also keeps on giving. Over half of every $100 earned by local businesses ends up recirculating in the Calgary economy. It’s a win-win for our neighbourhood businesses when you think local.

You support your neighbourhood’s identity
The places we think of as great neighbourhoods can really thank local businesses for putting them on the map. Leave a positive review for the places you love, follow and tag them on social media, and spread the word about your favourite local businesses with #SupportLocalYYC
by Alex MacWilliam

More proof that we live in a fabulous neighbourhood came from two happy announcements last month. Our wonderful Flyover Park received the Alberta Recreation and Parks Association Parks Excellence Award for 2021. This award recognizes achievements and innovative ideas in parks and open spaces. A few days later, Air Canada’s enRoute Magazine awarded JinBar with inclusion in its “Canada’s Best New Restaurants” in the Best Bar Dining category. JinBar was praised by the judges for its “lively cocktail-leaning embodiment of effervescent personality” and its “bold Korean flavours”. It’s great to see that those outside Bridgeland-Riverside are learning what we already know; namely, that this is a great place to live, work, play, and eat.

We also know that our neighbourhood is not without its challenges, which we share with other communities in Calgary. In mid-November, I had a very informative meeting with the Calgary Police Service Inspector responsible for District 3 (the police district that includes Bridgeland-Riverside). We discussed a number of issues and concerns that have been raised by residents with our Board and on the Bridgeland Eyes on the Street Facebook page. Inspector Wozney was frank and open in acknowledging the challenges we face from rising incidents of social disorder and was very committed to maintaining an ongoing dialogue with our community.

With that in mind, the BRCA is seeking input from residents who might be interested in getting involved with addressing safety matters on behalf of the community. Such a group could serve as a conduit for disseminating information on safety issues and focusing resident concerns to present to CPS and elected officials. If this might be of interest to you, please contact safety@brcacalgary.org.

On behalf of the BRCA Board of Directors, I wish you all a happy and safe holiday season. Take time to enjoy the company of family and friends and to reach out to those in our community who might be struggling during these difficult times.
MEMBERSHIP FORM

New and returning members, please apply online at brcacalgary.org/membership or use this form and mail or drop off along with cheque made out to: Bridgeland-Riverside Community Association
917 Centre Ave. NE
Calgary AB T2E 0C6

Member information: (please print clearly, attach additional family member names)
- Last name: ____________________________
- First name: ____________________________
- Address: ______________________________
- Postal code: ____________________________
- Email: ________________________________
- Phone number: ________________________

For 2022 we will not be charging membership fees but invite members, if they wish, to pay what they can.

MEMBERSHIP FORM

New and returning members, please apply online at brcacalgary.org/membership or use this form and mail or drop off along with cheque made out to: Bridgeland-Riverside Community Association 917 Centre Ave. NE Calgary AB T2E 0C6

Membership type: (please check one)
- Individual ___
- Family ___
- Senior ___

Member information: (please print clearly, attach additional family member names)
- Last name: ____________________________
- First name: ____________________________
- Address: ______________________________
- Postal code: ____________________________
- Email: ________________________________
- Phone number: ________________________

Or, please feel free to communicate with us about community events at events@BRCAcalgary.org

BRIDGELAND • RIVERSIDE | DECEMBER 2021 5
**The Rock Stars Scavenger Hunt is Here!**

*Susan Mulholland – Beautification Committee*

In early November, the Rock Stars Scavenger Hunt was launched with 3 “Loops” encouraging people to find rocks that were beautifully and lovingly painted by neighbours. These rocks are located around Bridgeland-Riverside at 36 destinations including; art, parks and green spaces, little free libraries, etc. Rock Stars was designed specifically to encourage people to explore the neighbourhood and discover interesting places they may not know about. There’s a map and a clues sheet for the Scavenger Hunt that help guide you (instructions below).

**Loop #1 - Where the Water Flows:** This loop is in East Riverside and is particularly friendly for all ages and abilities. It has a wacky watery theme given its location, the local art and murals, as well as the painted rocks there!

**Loop #2 - Heart of the Neighbourhood:** This loop takes you around the central core of our ‘hood’ to find out what makes Bridgeland-Riverside unique. The colourful artsy and sometimes kooky rocks found on this loop reflect our quirks and diversity.

**Loop #3 - Into the Wild:** This loop takes you north to explore our green spaces and outer edges where we’re “North of Normal”. Naturally, the rocks along this loop are nature themed!

**To join in follow these easy steps…**

1. Print the map and clues sheet for the Scavenger Hunt found on our website; https://brcacalgary.org/connect/events-activities/.
2. Paper copies of the map and clues sheet are also available at the Hall. Please email hall@brcacalgary.org or call 403-263-5755.
3. Feel free to do 1, 2 or all 3 loops – you can do them at the same time or different days.
4. Please leave the rocks in their existing spots so others can find and enjoy them too!
5. Participants can enter for a prize draw up until December 19.
6. Post some fun pics of you finding the rocks on Bridgeland Love Facebook page!
7. This is a year-round event, so get out there! Have some fun! And share with friends!

**A huge thank you to the following for making this project happen!**

- Artists and creators Vanessa Toews and Ash Adams for running the rock painting event,
- All the people and families that came out to paint the rocks on September 12,
- All the volunteers who came out and helped,
- Local artist and designer Katie Pearce for creating the map,
- Minto Developments for the large rocks,
- Generous funding provided by the Neighbourhood Grant and Activate YYC,
- And Bridgeland Riverside Community Association for all its support.

---

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents’ Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents’ Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.
Catch the WAV
Wheelchair Accessible Vehicle Calgary makes getting a taxi easy

Call: 403-974-1110
WAVCalgary.com
Volunteer Profile—Sarah Eve White

How long have you lived in Bridgeland-Riverside?
What do you like about living here?
I moved to Bridgeland in June of 2020, nearly a year and a half ago! I love Bridgeland-Riverside because of the people, great food, and parks. Everyone in the neighbourhood is friendly, generous, and happy to live in such a wonderful place.

How did you get involved in volunteering in our community?
I love to organize events, so when I received an email from BRCA requesting help to plan the first annual Field Day I signed up immediately. At our first meeting I was welcomed by both new and experienced volunteers who wanted to collaborate and make the event as accessible and inclusive as possible.

What kind of volunteer activities have you done?
Alongside the other wonderful BRCA volunteers, I assisted in planning and executing Field Day, as well as helping out with a pop-up concert! I am very much looking forward to helping out with other activities in the future.

What ideas do you have for volunteering in the future? What interests or excites you?
With BRCA, I would like to spend more time volunteering at community events and hopefully *fingers crossed* help with the second annual Field Day! But anything that brings people together (ideally with good food and music) is right up my alley.

Outside of BRCA, my dog and I applied to be on the Pet Access League Society (PALS) team, which aims to enhance the lives of others through the known human-animal bond, with pet visitation therapy. He’s a very good boy that brings a smile to everyone’s face, so why not share his joy with others.

What would you tell others in the community about volunteering?
That every single person I have met through BRCA is truly a joy. People are friendly and the events are really fun! We live in a beautiful and well cared for community by the work of some truly exceptional folks! There are lots of people who tend and care for our community. So, to them, thank you!

What do you like most about volunteering for the Bridgeland-Riverside Community Association?
At the risk of sounding like a broken record, the people! I’m truly astounded at how incredibly friendly everyone in the neighbourhood is. The volunteers want the community to be a place we are proud to call home.

What is a hidden gem in Bridgeland-Riverside that you have discovered?
Not so hidden, but Tom Campbell’s Hill (especially during a thunderstorm or sunrise/sunset) is always a spectacular view! But, as a self-appointed spokesperson, the Bridgeland Farmers Market Box is one of the best collections of local goods in Calgary! Do yourself a favour and try one!
The Piazza Tidy Team 2021

The Piazza is an iconic Bridgeland location. It is a natural place to socialize with friends and enjoy the vibe even in winter with the popular fire pit. Calgary Parks department makes the Piazza wonderful by providing the seasonal flower planters, overhead lights, Christmas Tree, and fire pit. BRCA volunteers make the Piazza a welcoming place by tidying it everyday from April to October. Each morning, a team member cleans and arranges the tables, chairs, and picnic tables, and picks up litter. The shops on the Piazza benefit from the daily efforts of the Tidy Team. Team members are Bridgeland Ambassadors when they chat with visitors who come here to experience “Piazza Life”. The Piazza Tidy Team 2021 is: Bertina Burger, John McKee, Lucia McIntyre, Allan McIntyre, and David Bernatchez (Rest in Peace).

Fancy, Fancy, Fancy

Do you put tinsel on your tree? Is it a tradition to drape it delicately across those green branches? Well, it may not have been so easy years ago. Back in 1610, Tinsel was invented in Germany, and was spun from real silver. Imagine having to drape that daintily across a pine tree, without breaking it of course! Fancy, fancy, fancy!
Historic Riverside Bungalow School at Risk?
by Deb Lee – BRCA Heritage Committee

When Judy Stevenson sits in her easychair and looks out her front window, she has a view that has been evident for over 100 years. Across the street is Riverside Bungalow number 2 – a four-room school built in 1920 where hundreds of Riverside and, later, Bridgeland children were educated. To this day, the grassy area south of that school is alive with children playing games, hanging out, and participating in their class exercise programs.

I spoke to Judy and her brother Robert James recently, and they voiced concerns about the possible changes that could happen to this heritage school. The Calgary Board of Education (CBE) plans to subdivide the property and put the land and building up for sale. It is not ‘protected’ and could potentially be torn down to make way for a new “development”. This is very worrisome!

Judy and Robert grew up on 2nd Avenue, took their early grades at the Bungalow and later went to Langevin (now Riverside) Junior High School. They have fond memories of the teachers and the school with its bright rooms and many windows. Judy remembers the cast iron pipes that formed a fence around the school property and the fun they had keeping balance on its edges. The tongues of more than one child were magnetically drawn to those metal bars in winter, with inevitably painful results (why do kids do this?) Robert recalls that the playing field was covered with coal dust (not a blade of grass to be seen in those days), which made it especially uncomfortable if you fell on the ground. Judy confides that she learned about the “birds and the bees” when gathered at recess with her girlfriends. Wonderful memories of a wonderful time!

Riverside Bungalow has not had students in these classrooms for many years. The CBE had some planning groups and meetings here, but in recent years, the building has been mostly vacant. Understandably, CBE does not have extra dollars to renovate an aging heritage building and the school is showing its age. But the school and the historic homes lining the north side of 2nd Avenue make an appealing streetscape that recalls past days in Riverside.

Beyond the Bungalow, school yard, and Riverside Science School, Judy can see the former number 4 Firehall. It was built in 1910 and also faced closure and a private sale. Fortunately, the new owner valued its important heritage and invested in renovations that saw the old firehall retain its original façade but become a modern family home and workspace. Today this process is called adaptive re-use and any number of uses could be feasible... day care, dance studio, offices, etc. Judy and Robert hope that there will be a positive outcome for Riverside Bungalow.

If you care about the heritage of Bridgeland Riverside and want to see the Riverside Bungalow survive and thrive into the future, please let your voice be heard. The deadline for comments to the city on the development permit was November 15, but it’s not too late to contact Ward 9 Councillor Carra at ward09@calgary.ca and the BRCA Planning Committee at planning@brcacalgary.org.

Judy Stevenson and Robert James, Riverside Bungalow

Aw, He’s Got Your Eyes

The Star Wars character Yoda is allegedly modelled after Albert Einstein. The special effects artist, Stuart Freeborn, said he was inspired by a poster of Einstein’s face that was in his office, and modelled Yoda’s character after it! So, if Yoda’s eyes looked a bit familiar, now you know why!
A New Park is Coming Soon to East Riverside!

Silvera for Seniors recently underwent a land use redesignation and subdivision for the land surrounding Willow Park on the Bow (between 11 and 11A Street, north of Bow Valley Lane), which includes the development of a brand-new public park space.

This park will create a new outdoor space for residents and visitors of East Riverside to gather, play, and relax at any time of year. New pedestrian and cyclist pathways will connect the park to Bow Valley Drive to the West, and to the small park adjacent to Bishops Manor to the East. It will also feature a number of seating areas, plants, trees, and landscaping, and offer multiple open lawn spaces to accommodate a variety of uses and activities. We are excited to bring this park to life in the months ahead and provide new green spaces to our community.

The park is also part of the BRCA’s Park Naming Project (where it is currently referred to as Park #9), so keep an eye out for Bridgeland Betty to make an appearance at the park’s future location. Be sure to take part in our upcoming survey to provide general feedback and help us name our park!
Bridgeland Walks
by Deb Lee

It was a low-key season, but Bridgeland Walkers did take to the streets for the 2021 season. Our Wednesday evening walks were affected somewhat by the forest fire smoke and threats of rain, but all in all, we had a great time. We are hoping that next season, starting in May 2022, COVID concerns will be behind us, and we can plan and fully publicize our walks. If you are interested in being on the email list for notification of 2022 walks, contact us at bridgelandwalks@gmail.com.

Bridgeland Walkers last walk of 2021

Calgary Catholic Immigration Society (CCIS)

CCIS is the first point of entry to Calgary for nearly 6,000 Afghanistan refugees over the next few months.

We are looking for:

Clothing Donations
Please no furniture, appliances, or electronics.

Volunteers
Who can help sort/pick-up donations and other off-site opportunities.

Please contact Sandra Bray sbray@ccissab.ca for more information.

If you have a pet and are struggling to make ends meet, “Pet Food Help and Support” can help you out. This organization is a Facebook group that welcomes help to everyone and is dedicated to feeding hungry pets – one pet at a time. Join this Facebook group today for assistance. Once you reach out for help, an arrangement can be made to get you a monthly supply of much needed food for your fur babies.

Please visit our Facebook page at https://www.facebook.com/groups/albertapethelp for more information, and to sign up today!
SAFE & SOUND

Cold Weather Safety

Emergency Medical Services (EMS) paramedics respond to a number of cold weather-related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It’s also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, not hot, water until fully re-warmed;
- Call 9-1-1 or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is key. Call 9-1-1. Don’t forget to protect yourself from the factors that originally lead to the patient’s situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.
We are entering our second holiday season of the COVID-19 pandemic. Albertans want to celebrate with family and friends while also remaining vigilant to stay safe and follow public health orders.

In Calgary-Mountain View we are fortunate to have a vibrant business community – with specialty shops, eateries, and businesses that fill our daily needs. Many of these businesses rely on stronger sales around the holidays to help set them up for success throughout the year. By supporting small businesses at this critical time of year we are supporting the business, their workers, and local economies.

Over the last 21 months, small businesses have had to shut down, reopen, or move online. Many have pivoted to change their business model, their services, and their products to survive, all while adapting to, and implementing ever-changing public health orders.

The Small and Medium Sized Enterprise Relaunch Grant was launched by the Alberta Government to help businesses through the pandemic, but the program has been plagued with delays. More than 4,300 small businesses are still waiting for the third installment of funding they applied for in April. It was meant to help the hardest hit businesses through the third wave of COVID-19 and the province is now well into the fourth wave. In the interim, too many small businesses have had to go into debt to remain open.

I am proud to stand with my colleagues in the official opposition in our continued calls for better supports for businesses. Small and medium business allow many to live, work, and shop locally. It’s imperative the payments are not further delayed, or we could permanently lose these cornerstones of our community.

As always, I’m happy to hear from constituents. Please keep in touch through my constituency office at Calgary.MountainView@assembly.ab.ca or 403-216-5445.

Make A Difference

In Parliament, each Member of Parliament may have the opportunity to introduce a piece of legislation through a process known as a Private Member’s Bill. While there are no limits on the subject of the legislation, it cannot be used to call on the government to introduce additional spending. What would you propose?

With over 300 MPs, there is not enough time in four years to debate legislation from each MP. As a result, there is a lottery system used to randomly select the order in which MPs can introduce their ideas. Most MPs will not get the opportunity to introduce their legislation, but occasionally you can get lucky (like I did in 2019) and get selected to go first.

In the last Parliament, I introduced legislation that will add a question to Canada’s annual tax returns to allow Canadians to indicate that they wish to register as an organ and tissue donor. This initiative was supported unanimously by all parties and became the law in June 2021 when it passed in the Senate.

With a new Parliament, I may be fortunate enough to get one of the early opportunities to introduce another piece of legislation. At this point, I have not settled on any ideas, and I genuinely welcome your suggestions. As stated earlier, proposals cannot call for additional spending and must fall within federal jurisdiction. To be successful, it is best if any proposals are likely to secure support from MPs in all parties.

If you have an idea you would like to propose, please send it to me as soon as you can. My staff and I can draft the legislation, but it would be helpful if you could provide as much information as possible, including the rationale for your idea. Please send your ideas to len.webber.a1@parl.gc.ca.

Volunteering is good for the soul.
**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**BRIDGELAND MORTGAGE BROKER:** SAVE A BUNCH OF CASH! As a local mortgage professional, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert advice, excellent rates, many options, and better mortgages, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CERTIFIED MASTER ELECTRICIAN:** Terry Raabis, RME/CME, CQT – Big Sky Ventures. Call: 587-228-9371 or e-mail: bigskyventures@shaw.ca. Home renos, re-wiring, troubleshooting, hot tub connections, smoke and carbon monoxide detectors, breaker panel upgrades, and much more! Fully licensed and insured. Customer satisfaction guaranteed.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.


**LITTLE CREATORS YYC BEFORE AND AFTER SCHOOL CARE:** Art based activities, screen free play, one-on-one homework help; in a small group sized loving home. @littlecreators_yyc (IG). Kyla. 403-700-1068.

**MEDICAL INTUITIVE READINGS BY DONATION:** I am a new practitioner needing to practice and develop my skills. Email me, Robin, at rvinge@telus.net for more information.

**SAME FAMILY, LESS ARGUMENTS**

Put an end to family tension.
- FREE 8 week program
- Parents and/or caregivers & their children ages 8-12 welcome

We teach children and parents to manage big emotions, even in challenging situations.
Register today! 403.750.2500
MindfulMoments@ywcalgary.ca | ywcalgary.ca/mindfulmoments
Have you checked for household leaks?

- Toilets
- Faucets
- Hot water heater
- Humidifier
- Other water using devices
- Check again in six months.

calgary.ca/waterguide

Contact Elegance for December Promotions

Botox
Dermal Fillers/Belkyra
Laser/Skin Treatments
CoolSculpting
Eyelash Extensions
Hydrafacial
Hair Rejuvenation (PRP)