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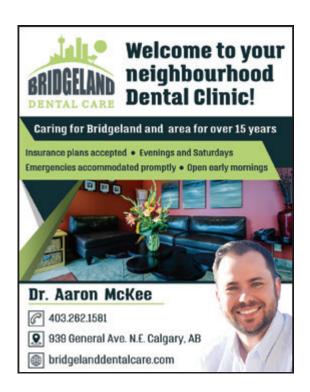


Their home uses 70 per cent less energy than the average Alberta home and 100 per cent solar power. Type your address into the Residential Solar Calculator to see if your rooftop has the potential for solar power.

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3

BRIDGELAND · RIVERSIDE | JUNE 2022



## BRAIN SUDOKU

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FIND SOLUTION ON PAGE 14





DIDECTORS

917 Centre Avenue NE Calgary, AB. T2E 06C www.brcacalgary.org Inquiries: 403-263-5755 Email: info@brcacalgary.org BRCA Hall Rentals Phone: 403-263-5755

Newsletter Submissions: newsletter@brcacalgary.org

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President and Chair	Alex MacWilliam President@brcacalgary.org	I MEMDEDOUID EODM
Vice Chair	Coral Lukaniuk ViceChair@brcqcalgary.org	<b>MEMBERSHIP FORM</b>
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Membership	Sarah MacDonald Membership@brcacalgary.org	Calgary AB T2E 0C6  Membership type: (please check one)  BRIDGELAND-RIVERSIDE
Development and Transportation	Bonnie Kemp Planning@brcacalgary.org	Individual COMMUNITY ASSOCIATION
Communications	Ana Hoepfner Communications@ brcacalgary.org	Senior
Heritage	Deb Lee Heritage@brcacalgary.org	For 2022 we will not be charging membership fees but invite members, if they wish, to pay what they can.
Beautification	Susan Mulholland Beautification@brcqcalgary.org	Member information: (please print clearly, attach additional family
Safety	Alex MacWilliam Safety@brcqcalgary.org	member names)  Last name:
Programs	Sarah MacDonald Programs@brcqcalgary.org	First name:Address:
Events	VACANT Events@brcqcalgary.org	Postal code:Email:
Directors at Large	Salima Bouyelli Andrew Fisher Lourdes Juan	Phone number:
Newsletter	Alex MacWilliam newsletter@brcqcalgary.org	Or, please feel free to communicate with us about community events at events@BRCAcalgary.org

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## Dog Dads

Every year on June 19, we celebrate the fathers and father figures in our lives for their special day. However, the Friday after Father's Day is also one to look forward to as it is National Take Your Dog to Work Day! Talk about a perfect way for all the dog dads out there to celebrate for the whole week!

Bridgeland-Riverside Farmers' Market

## Season Launch Party Thursday June 23rd, 3:30-7:30pm @ The BRCA Community Hall

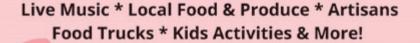








Hey neighbours! Join us for our Season Launch Party June 23rd.
\*Rain or Shine\* We are so excited to see all of you!



For updates & more info visit: www.brcacalgary.org

#### **ActivateYYC**

by Hayley Dechaine, ActivateYYC Coordinator

Do you have an idea that can enhance the feeling of safety and community pride in your community? An idea that can transform neglected space in your community into something meaningful, or an idea that will help change how people interact with a space in your community? The



Federation of Calgary Communities' ActivateYYC grant program can help you with that! ActivateYYC funds small, temporary, low-cost projects that help change how people use and interact with spaces.

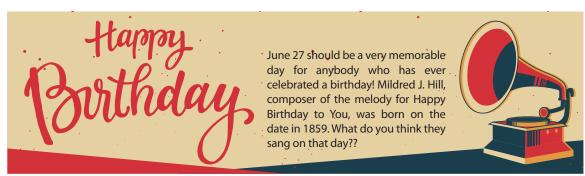
You can partner with a Calgary community organization, community association, local business, or business revitalization zone, and apply for one of ActivateYYC's two grant options.

If you're interested in doing something that will mobilize people to move differently in your community, re-imagine space into place, or create a sense of neighbourliness, you can apply for the \$1,000 Walk, Play and Be Neighbourly grant. This grant could fund sidewalk art, buddy benches, garden competitions, beautification of chain link fences, etc. The sky is the limit!

Or, if your idea is focused on encouraging traffic calming, accessibility, safety, and walkability, you can apply for the \$3,000 Bump Outs and Pathways grant. This grant can be used for projects on non-bus route residential streets or neighbourhood pathways; for example, a bump out activation that will narrow cross-streets so that car traffic is slowed and pedestrians, bikes, and scooters can reclaim the streets.

This year there is no application deadline. Application intake is ongoing until all funding is granted. So, if you have an idea for a small, temporary, low-cost project, apply fast! To get inspired by past projects, learn more about the application process, and fill out an application form, visit https://activateyyc.calgarycommunities.com/. Be part of it!





### **BRCA SENIORS PROGRAM**

#### Walking Groups – Every Tuesday 10am @ BRCA Hall (drop in)

- 4rd Tues of the month Nordic Pole walk 1hr (must register, 12 spaces, starts Apr 26)
- Come every week and find a group that walks your speed!

All Activities Free, To Register

Email: programs@brcacalgary.org Phone: 403-263-5755

For more details go to brcacalgary.org

#### Gentle Chair Yoga @BRCA hall

 1st Wed. of the month @ 10am (must register, 10 spaces, starts May 4

Presentations, workshops and luncheon dates coming soon.

#### Games Day – cards/board games/ coffee/ snacks @BRCA hall

 2<sup>nd</sup> Wed. of the month @ 1pm (drop in)

Funding from New Horizons for Seniors Program – Government of Canada

BRIDGELAND RIVERSIDE COMMUNITY ASSOCIATION







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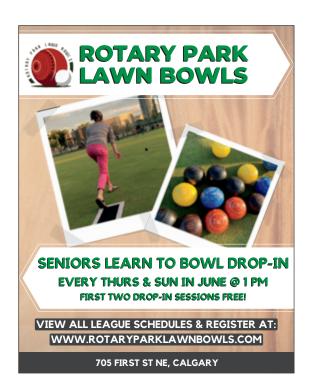
Winner in the Senior's Residences Category







Voted best senior's residence in Calgary





#### Save the Date: Spring Cleaning – Paper Shredding and Electronics Recycling

**On Saturday, June 17** the Rotary Club Calgary Olympic, with its industry partner Pulp Shred, will be holding a paper shredding and electronics recycling fundraising event. The net proceeds will be used to support refugee families coming to Calgary and District from conflict areas of the world such as Ukraine, Afghanistan, and Syria.

It will be held at 1815 27 Ave NE from 9:00 am to 2:00 pm. Individuals can bring up to 3 boxes. Donations to this worthy cause will be accepted by cash, cheque, or Visa.

The Rotary Club of Calgary Olympic meets on the second Thursday of every month at the Calgary Italian Cultural Centre, 416 4 Ave NE. Dinner is served at 6:00 pm and the meeting ends by 7:30 pm. The focus of Rotary is to identify and provide support to worthy causes both local and international. Anyone interested in learning more about Rotary or suggesting a project can contact Richard Cooke at 403-463-0479 or cookebiz@shaw.ca.



## Finding the Right Landscaping and Lawn Care Pro Can Save You Time and Money



A beautiful lawn can be both appealing and environmentally friendly, but it can take a lot of work and be a tricky project to do yourself. Caring for a yard under the best of circumstances can still be challenging; extended periods of extreme weather, dull lawnmower blades, bugs, pests, and heavy foot traffic can all lead to a lawn that needs extra care.

Lawn care generally falls into three categories: landscaping, lawn maintenance, and sprinkler systems. Before selecting a business, evaluate your needs. Some businesses specialize in one area, while others offer a variety of services.

### The BBB offers the following tips when considering hiring a lawn care professional:

**Research and gather information.** Once you have decided what services you need and your budget, get recommendations from friends and neighbours with lawns you admire.

**Ask for a lawn inspection.** Services that quote a price without seeing your lawn cannot be sure what your lawn might need.

Have a clear scope of work before asking for estimates. This includes defining the area to be worked on and what you want done. When getting bids, don't compare apples with oranges.

Ask for references and pictures of other jobs they installed or maintained. Ask the references about their experiences before, during, and after the work is done.

**Get specifics on prices and be clear on what services are included.** Are you paying for a specific project or ongoing maintenance? Do you pay by the mow or by the month? If you are maintaining the landscaping yourself, ask for detailed instructions and be prepared to follow them.

Check to see if the lawn care provider needs a license to work in your area. In particular, they may need a license to apply pesticides. Ask for a certificate of insurance from the business's insurance agent.

#### Look for membership in a professional organization.

A service's membership in one or more professional lawncare associations and active participation in the local community is a positive sign.

**Get everything in writing and read all agreements and contracts carefully.** Make sure the contract contains all topics discussed and promises made.

**Ask about timing and safety.** Will the work be done while you are home or away? Are there safety precautions you need to take during or after the work? If pesticides are being used, do you need to protect your family or pets?

**Get receipts for any money paid.** It's better to pay by check or with credit card, but if you make full payment in cash, be sure to obtain written verification from the business with a list of labor and material charges covered by the payment.

Find out more at bbb.org.

#### **CRIME STATISTICS**

#### Bridgeland Crime Activity was Up in April 2022

The Bridgeland community experienced 36 crimes in April 2022, in comparison to 26 crimes the previous month, and 30 crimes in April one year ago. Bridgeland experiences an average of 23.8 crimes per month. On an annual basis, Bridgeland experienced a total of 285 crimes as of April 2022, which is up 3% in comparison to 277 crimes as of April 2021. To review the full Bridgeland Crime report visit brid.mycalgary.com.

How To Report Crime In Bridgeland: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.

#### **YOUR CITY OF CALGARY**

## Safely Dispose of Pressurized Tanks and Canisters

Going camping, hiking, or hosting a barbecue this summer? Make sure you safely dispose of pressurized tanks, canisters, and aerosols (empty or full), including:

- · Bear spray canisters
- Small camping propane tanks
- Butane canisters
- · Standard barbecue tanks
- Helium tanks

Take these items to a household hazardous waste drop-off at designated fire stations or City landfills for safe disposal. Do not put these items in your blue, black, or green carts.

When put in a cart, these items become a safety hazard for your collector and the staff at waste management facilities. Items can also damage collection trucks and sorting equipment.

Visit calgary.ca/hhw to check the list of drop-off locations.

#### **Bridgeland Real Estate Update**

## Last 12 Months Bridgeland MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price			
Apr-22	\$350,000	\$342,000			
Mar-22	\$439,900	\$442,000			
Feb-22	\$465,000	\$533,500			
Jan-22	\$449,950	\$431,750			
Dec-21	\$249,900	\$228,000			
Nov-21	\$399,900	\$392,500			
Oct-21	\$407,450	\$392,000			
Sep-21	\$279,000	\$267,000			
Aug-21	\$359,900	\$350,000			
Jul-21	\$379,900	\$370,000			
Jun-21	\$309,999	\$305,000			
May-21	\$489,450	\$478,750			

## Last 12 Months Bridgeland MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold			
Apr-22	31	19			
Mar-22	34	23			
Feb-22	35	21			
Jan-22	15	16			
Dec-21	7	5			
Nov-21	8	7			
Oct-21	14	8			
Sep-21	22	7			
Aug-21	17	13			
Jul-21	16	15			
Jun-21	19	17			
May-21	19	12			

To view more detailed information that comprise the above MLS averages please visit **brid.mycalgary.com** 

## Interested in Trees? Want to Know More About Trees in the Neighbourhood?

Join us for a Tree Walk on June 15 at 7:00 pm!

by Laura McLeod and the BRCA Tree Team

The BRCA Walking Group will have a special walk on Wednesday, June 15 at 7:00 pm focused on trees in the community. Rain or shine, a City of Calgary Urban Forestry tree educator will lead the walk and share knowledge about our historic, unique, and everyday trees. The walk will start at 7:00 pm near the North/Centre Street entrance to the BRCA Community Hall – look for the niche with the picnic tables just above the hall courtyard area (917 Centre Ave NE).

To start the walk off with some fun, the BRCA Tree Team will be hosting an informal gathering at those picnic tables at 6:30 pm. The tree educator will join us with pamphlets from Urban Forestry on various tree topics, so we hope to see many fellow tree lovers there! We also plan to have some short, fun activities for all ages and always invite you to share your ideas about how to help our Bridgeland Riverside trees thrive. We hope to see you there!



#### Interested in a Tree Themed Book Club?

The BRCA Tree Team is wondering if others in the community would be interested in forming a book club to read books that focus on trees. Some examples are *The Hidden Life of Trees* by Peter Wohlleben, and *The Overstory* by Richard Powers, amongst many to choose from.

If you are interested, please email us at trees@ brcacalgary.org.

\*Please note, all book club meetings will be held virtually until further notice.

#### Interested in What Happened to the CNIB Trees?

Many of us were saddened to see that 8 large poplars were recently cut down along the north edge of the CNIB parking area next to 12th St NE. We thought you may be wondering what happened to them too, so we asked the CNIB the reason for their removal. They said the trees were rotted inside, right up to the top including big branches, and posed a large safety hazard. Given the Wee Wild Ones daycare children play in the area, we understand their concern. They have no plans at this time to replant, which could be a challenge given the extensive root systems. Sadly, this is a loss to our canopy coverage. Keep your eyes peeled for a future article discussing how to "keep our canopy"!





MLA Calgary-Mountain View Kathleen Ganley 723 14 St NW T2N 2A4

403-216-5445

The summer is quickly approaching after what has been a long, tough winter for Albertans, especially when it comes to affordability in this province. Residents in Calgary-Mountain View are concerned about the cost of living under the current government. Families are facing skyrocketing costs on utilities, insurance, tuition, taxes, and more. As a Member of the Official Opposition, we continue to offer solutions to protect Albertans such as calling for immediate implementation of a rebate for high utility costs and a ban on disconnections.

I recently attended the Canadian Hydrogen Conference where I was able to share our proposals and hear about the innovative ideas the industry is working on to help transform our economy and help us to remain an energy leader in the future. We want to hear your thoughts and ideas, so I invite you to read more:

https://www.albertasfuture.ca/albertas-future/albertas-future-campaigns/post/hydrogen.

Now that the sun is out, the communities of Mountain View will be able to celebrate the return of farmers markets and outdoor events. Neighbour Day is an opportunity to connect and celebrate community spirit with our neighbors. I see that community calendars are bustling with events, and I encourage everyone to participate. To those organizing events, we appreciate your efforts this year and every year.

As always, I'm happy to hear from you. I'm grateful to Calgary-Mountain View constituents.

Please keep in touch through my constituency office at Calgary. Mountain View@assembly.ab.ca or 403-216-5445.

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Calgary Confederation Len Webber, MP 2020 10 St NW Calgary, AB T2M 3M2

**403-220-0888** 

✓ len.webber@parl.gc.ca

#### A Step into Indigenous History

June is National Indigenous History Month and an excellent time to reflect on the history of Indigenous peoples. While I encourage you to use the many resources available online to explore this topic, participating in one of the Indigenous events in the Calgary area is an opportunity not to be missed.

For Calgarians, it is July that provides a substantial additional opportunity to learn more about Indigenous culture in Alberta. The Elbow River Camp, a part of the Calgary Stampede, is an immersive cultural experience that runs from July 8 to 17. I have many fond memories of my time as the Alberta Aboriginal Relations Minister when I had the privilege of participating in many of these events.

The Camp consists of 26 tipis and represents the cultures of the Treaty 7 Nations: The Siksika, Piikani, Kainai, Tsuut'ina, and Stoney Nakoda First Nations. Local artisans sell jewellery, art, and traditional food. There are also many activities throughout the event, including a powwow competition, flag raising, a meat cutting competition, and days devoted to each of the First Nations represented at the camp.

The camps also boast opportunities to learn more about the cultures and traditions of Treaty 7 Nations to be shared in guided tours with proud members of these Nations. These tours include a breadth of information such as the significance of the painted tipis and the skills required to produce many of the traditional items throughout the Camp. The interpreters will also demonstrate traditional outdoor cooking as they make dried meat, tea, Saskatoonberry soup, and bannock.

These interactive experiences are excellent teachers for people of all ages. From sampling traditional food to learning hand games, there is no better way to learn about the diverse cultures of the Treaty 7 Nations.

Indigenous communities are one of Canada's three foundational groups, and their history and cultural contributions are valuable for understanding Canada today. I encourage you to make the Elbow River Camp a stop on your summer itinerary!



## Struggling with your hearing loss? Need support?

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Deaf & Hear Alberta

Leslie Brachman, Program Manager 403-284-6208 or leslieb@deafandhearalberta.ca

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#### **SAFE & SOUND**

#### **Heat Related Illness**

EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.



#### **Heat Exhaustion**

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale, or dusky grey.

#### **Heat Stroke**

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g., perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

#### First Aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess, or tight-fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention.

#### Prevention

- Stay well-hydrated by drinking plenty of water at all times.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11:00 am and 3:00 pm, even on cloudy days.

## **BUSINESS CLASSIFIEDS**

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